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CO777: DIAGNOSIS AND TREATMENT OF ADDICTION

1. Course Description

This course focuses on the diagnosis and treatment of addiction disorders as coded in the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, and the International Classification of Diseases, 9th Revision, Clinical Modification (ICD-9-CM). Students will be given the opportunity to integrate the Theo-Centric (God-Centered) Model within the scope of clinical diagnosis and treatment of addiction. The course will provide a framework for differential diagnosis of addiction disorders commonly treated in the clinical setting (e.g., psychiatric hospitals, outpatient clinics, mental health centers, various pastoral counseling ministries and Pentecostal church settings, prisons, private practice, military chaplain and so forth) by licensed mental health counselors, licensed clinical pastoral therapists, licensed marriage and family therapists, licensed psychological examiners, and licensed clinical social workers.

2. Purpose of the Course

To develop the students' clinical skills and knowledge of the fundamentals of best practice procedures in the administration of psychotherapeutic interventions for disorders related to addiction.

To acquaint students with some of the current modes of treatment as practiced by mental health counselors and substance abuse counselors in various settings, to include psychiatric hospitals, outpatient clinics, mental health centers, various pastoral counseling ministries and Pentecostal church settings, prisons, private practice, military chaplain and so forth.

The major foci of study will include, but not be limited to:

Introduce the student to various psychotropic medications, particularly those used in the context of dual diagnosis. The student will not be trained to prescribe medications, or to show competency as a licensed psychiatrist, but knowledge will be enhanced in the use of psychotropic medications in addiction.

Provide students a working knowledge of the treatment planning process in such areas as emotional development, cognitive, substance-related, psychosis, mood, anxiety, and other conditions that may be a focus of clinical attention in counseling.

- Psychopharmacology in dual diagnosis
- Diagnosis of addiction using the DSM-IV
- Treatment of addiction with emphases upon the following models: 12-Step, Psychodynamic, Marital/Family, Motivational, Behavior, and Developmental.
- Sexual Addiction: With the advent of Internet usage since the mid 1990s this area has become very problematic worldwide.

To increase awareness of sexual addiction and compulsivity, both within and outside the church, the student will become aware of treatment modalities related to this specialty area.

To provide clinical training for the student to qualify for national certification as a generalist (NBCC) and a specialist in the areas of clinical counseling/psychotherapy (CCMHC) and addictions counseling (MAC), and licensure as an Alcohol and Drug Abuse Counselor (LADAC).

To provide clinical training in the area of treatment necessary for the student to qualify for State registry, certification or licensure as a master's or doctorate level mental health and/or clinical pastoral therapist, e.g., LPC-MHSP, LMHC, LPC, LCPC, LMFT, LCPT.

These professional designations usually will allow the designee to provide assessment, diagnostic and treatment services in various clinical settings, such as psychiatric hospitals, outpatient clinics, mental health centers, various pastoral counseling ministries and Pentecostal church settings, prisons, private practice, military chaplain and so forth, by licensed mental health counselors, licensed clinical pastoral therapists, licensed psychological examiners, licensed marriage and family therapists and licensed clinical social workers.

3. For Whom the Course is Intended

This course is primarily intended for eligible graduate or post-graduate students who desire to expand their knowledge and skill in the treatment of addiction disorders as catalogued in the Diagnostic and Statistical Manual and the ICD-9. It is recommended that students have completed coursework in theories and techniques of counseling and/or marriage and family therapy prior to admission to this class.

The course is primarily directed toward students who desire to license as Mental Health counseling professionals and/or Marriage & Family Therapists to work in such settings as psychiatric hospitals, outpatient clinics, mental health centers, various pastoral counseling ministries and Pentecostal church settings, prisons, private practice, military chaplain and so forth.

4. How Related To other Courses

This course intends to build upon students' knowledge of theories and techniques of counseling and/or marriage and family therapy, and the DSM-IV.

5. Competencies

The student will develop a basic knowledge of best practice guidelines and effective treatment methods for addiction disorders and other conditions that may be the focus of treatment in therapy; will acquire skill in written treatment planning according to current usage requirements by managed care organizations and by good practice standards; The student will develop basic skills necessary in the facilitation of the treatment process.

6. Assignments

a. Two exams (200 points)

- Exam 1) Addiction & Psychotropic Medications (100 pts)
- Exam 2) DSM-IV Diagnosis and Treatment of Addiction (100pts)

b. Integration Paper: Diagnosis & Treatment of Addiction (100 points)

A research paper based upon, study, research, reading assignments and online material: The student will develop and write about her/his own theory of diagnosis and treatment of addictions. The paper will show clinical insight and theological integration in her/his treatment modality. The student will also show a working knowledge of the 5 main theories of treatment of addiction. This writing assignment will show the students perspective. It will be double-spaced, typed, 12 pt. Arial font, 1-inch margins, a minimum of 12 pages.

c. Two Response Papers (100 points)

- 1) This response paper is 3-5 pages in length. It is based upon the student's thoughts and opinions from the book Out of the Shadows: Understanding Sexual Addiction, by Patrick Carnes, 2001. (50 pts)
- 2) This response paper is 3-5 pages in length. It is based upon the student's thoughts and opinions from the book Treating Substance Abuse: Theory and Technique, edited by Frederick Rotgers and Daniel S. Keller, 2003. (50 pts)

d. Responses from Didactics/Lectures (100 points)

There are 20 didactic/lectures that are worth 5 pts each. Each response paper from the didactics/lectures should be ½ to 1 page long. The response should include, from the student's perspective, the strengths

and weakness of the reading, and her/his personal perspective on the subject. The professor will provide a template for the student to use.

All assignments are due by the final day of class. Assignments can be received by the day of the final exam if given pre-approval by the professor.

8. **Course Learning: Outcomes Assessment Statements**

As a result of taking this course,

- a. The student will have a good working knowledge of the dominant models of treatment being used today related to addiction disorders.
- b. The student will be familiar with the DSM-IV manual and the diagnostic criteria related to diagnosis of addictive disorders.
- c. The student will be familiar with processes related to clinical assessment of addictive disorders.
- d. The student will be familiar with how to complete a mental status exam.
- e. The student will be familiar with the psychopharmacology of addiction.
- f. The student will have the opportunity to integrate his/her ideas related to the treatment of addiction, grace, holiness, and the work of the Holy Spirit in the life of people who struggle with addiction issues.

9. **Grades**

Grades are based upon the completion of all assignments and demonstration of mastery of lecture content and assigned readings.

Completion of assignments on time is required. Students are expected to turn in assignments each week.

10. **Texts**

Treating Substance Abuse: Theory and Technique, edited by Frederick Rotgers and Daniel S. Keller, 2003. (ISBN 1-57230-897-4) * 1-800-365-7006 or can be ordered from <http://www.guilford.com>)

Diagnostic and Statistical Manual of Mental Disorders, 4th edition American Psychiatric Press, 1994. (1-800-367-5777)

Handbook of Clinical Psychopharmacology for Therapists, Preston, O'Neal and Talaga, 2002 (Oakland, California: New Harbinger Publications)

Motivational Interviewing: Preparing People to Change Addictive Behavior, by William R. Miller and Stephen Rollnick, The Guilford Press, 1991.

Out of the Shadows: Understanding Sexual Addiction, by Patrick Carnes, 2001. (ISBN 1-56838-621-4) 1-800-328-0094. Can be ordered from www.hazelden.org.