

CHURCH OF GOD THEOLOGICAL SEMINARY
CO 776 Human SEXUALITY
CLINICAL ISSUES IN HUMAN SEXUALITY

July 21-25, 2008

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Mon. 9:00 am – 12:00, 1:00 pm- 4:30 pm; Tue.-Fri. 9:00 am – 12:00, 1:00-4:30 pm

Description:

This course is a study of contemporary issues in human sexuality. This course is designed to assist the student in the development of therapeutic knowledge, techniques, insight and skills in the treatment of sexual issues and the development of his/her own Pentecostal theology for human sexuality. Students will assess their own sexual attitudes and seek to integrate these attitudes into their Pentecostal theology, therapy and behavior.

Goals:

- A. To present an overview of issues in human sexuality.
- B. To define sex counseling and therapy in historical perspective and our Pentecostal approach to counseling/therapy.
- C. To examine the student's family of origin, spiritual and ecclesiastical development and their impact upon his/her therapy and theology of human sexuality.
- D. Expose student to the different models for sexual counseling.

Outcomes:

- A. The Students will be able to surface and articulate their own personal family history and to identify the manner in which that history impacts his/her therapy and theology of human sexuality.
- B. They will know how to define their role as therapist and/or pastor in sex counseling, education, and therapy.
- C. To know and examine contemporary society's attitudes toward sexuality, and reflect upon approaches the church should develop to project healthier and Pentecostal theological behavior patterns and attitudes.
- D. That they can develop a healthy perspective and Pentecostal theology of sexual expression in marriage, and can articulate it with others.
- E. Look at and begin to know how to approach and refer in sexual counseling.

Required Reading:

(Should be read before coming to class.)

Dillow, Linda & Pintus, Lorraine, **Intimate Issues**: 21 Questions Women Ask About Sex, Colorado Springs, CO 80918:Waterbrook Press, 1999.

Penner, Clifford L., Ph.D. & Joyce J. R.N., M.N., **The Married Guy's Guide to Great Sex**, Nashville: Thomas Nelson, Inc., 2004.

Rosenau, Douglas E., **A Celebration of Sex**, Nashville: Thomas Nelson, Inc., 2002.

Schaumburg, Harry W., **False Intimacy**: Understanding the Struggle of Sexual

Addiction, Colorado Springs, CO 80935: Navpress, 1997.

Recommended Reading:
See attached reading list.

Evaluation:

- A. CLASS ATTENDANCE AND PARTICIPATION: A significant factor in determining whether the next higher or lower grade will be assigned.
- B. FINAL EXAMINATION: Comprehensive and in class; will cover all class lectures and discussions, required reading and other materials as assigned; exam period; 40% of final grade.
- C. A paper on an assigned topic 10 pages in length and due at the seminary switchboard on 1st August or postmarked on 1st August; 40% of final grade.
- D. Interactive reflection paper (2 pages) on two of the required text books; 20% of final grade. Due 1st of August

IMPORTANT NOTE: *This is an advanced study of human sexuality. Students are advised that we will be discussing human sexuality not only generally, but also very specifically. The verbal and graphic presentations in class and in the texts will refer to sexual acts and practices. The course will not only be cognitively challenging but also spiritually and emotionally challenging. The student will experience times of discomfort as he/she reflects upon his/her own sexuality and that of others. This is a sensitive subject of study and the students are expected to approach each discussion with respect for others who might share different views and/or experiences.*

Course Outline:

Day One

Recommended Reading: Wheat, Ed, Intended for Pleasure

PART I: Introduction

Orientation to the class and setting the stage for our study

Sexuality in the Church

A historical review of Sexuality

Sex in light of our own Pentecostal faith

Our family of origin and its impact upon our theology of human sexuality and our view of what is normal sexual expression.

Sexuality Inventory

Day Two

PART II: The anatomy and physiology of the sexual Behavior

The brain and sex

Hormones and sex

The effects of illness on sexuality

The effects of drugs on sexuality

The effects of age on sexuality

Newlyweds

Mid-life

Growing old together

PART III: Sexuality in Marriage

Role of the man

Role of the woman

Sexual Communication

Touching

Positions

Day Three

Part VI: Domestic Violence

Incest

Child Abuse

Birth Control

Abortion

Teenage Sexuality

Gender Issues

Sexual Variations

Phone Sex

Rape

An Integration of Sex Therapy and Marital Therapy

The systemic factors that influence sexual expression and dysfunction in marriage

Guest Lecture after lunch.

Guest Lecture: Angie Faulkner

Day Four

PART IV: Sexual Issues and Their Treatment

Fantasy

Pornography

Sexual addiction

Sexual dysfunctions in Males

Sexual dysfunctions in females

PART V: Special Sexual Issues and their Treatment

Day Five

Continuation of Sexual Issues and their Treatment

Infidelity: Causes, consequences, stages, various kinds, recommended treatment, approaches, and prevention

Homosexuality

Video on sexual Counseling

Part VII: Interaction and wrap-up

Discuss topics for assigned paper

Class Evaluation

Day 5 after Lunch

Final Examination

- books, articles and brochures we think our visitors might find interesting...

Suggested Resources Books & Book Chapters

*“Treatment of the Sexually Abused Child, M J Barrett, Joseph Cortese, Kristen Marzolf,
Children in Therapy: Using the Family as a Resource, C. Everett Bailey, Editor, 2000*

"Healing From Trauma", The Quest for Spirituality, M J Barrett, Spiritual Resources In Family Therapy, The Guilford Press, N.Y. 1999.

"The Grand Alliance - Probation Officer and Therapist", book chapter, Becky Palmer, MS & Terry Childers, LICSW, *The Sex Offender*; Vol. III, Civic Research Institute, Barbara K. Schwartz, 1999.

"Assessment and Treatment of Incest Families", book chapter, Becky Palmer, MS, *The Sex Offender*; Vol. II, Civic Research Institute, Barbara K. Schwartz and Henry R. Cellini, 1997

"Women Survivors of Sexual Abuse: EAP Providers Play a Pivotal Role", M.J. Barrett, W. Scott, J. Gillespie, and B. Palmer, Empowering Women in the Workplace, M. Lundy and B. Younger Editors, Harrington Park Press, N.Y., 1994.

"Systemic Treatment of Incest: A Therapeutic Handbook", M.J. Barrett and T. Trepper, Pennsylvania, Taylor & Frances, 1989.

Treating Incest: A Multiple Systems Perspective, M.J. Barrett and T. Trepper Editors, Haworth Press, Binghamton, N.Y., 1986.

Articles

"Systemic approach to the Treatment of Child Sexual Abuse", M J Barrett and T. Trepper, *Psychotherapy Networker* 2002.

"A New Way of Knowing", M J Barrett, *Psychotherapy Networker* September/October, 2002.

"Can We Talk?: Let's End Our Conspiracy of Silence About Our Ambiguous Boundaries", M J Barrett and Katy Butler, *Psychotherapy Networker* March/April, 2002.

"The Crush, Challenging Our Culture of Avoidance", M J Barrett, *Psychotherapy Networker* March/April, 2002.

"Creating a Safe Place", Becky Palmer, MS, *Journal of Clinical Activities, Assignments & Handouts in Psychotherapy Practice*, Volume 1, Number 3, 2001

"Psychotherapists on Psychotherapy", Becky Palmer, MS, *Journal of Clinical Activities, Assignments & Handouts in Psychotherapy Practice*, Volume 1, Number 3, 2001

"Resolving the Irresolvable: Constructing a Way Out for Families Torn Apart By Struggles Over Recovered Memories", M J Barrett, *Psychotherapy Networker* November/December 1997

"Treatment of Denial in Families Where There is Child Sex Abuse", M.J. Barrett and T. Trepper, *Kontext Journal* 28, 2, 1997, Vandenhoeck & Ruprecht, Germany.

- "Family Characteristics of Intact Sexually Abusing Families: An Exploratory Study"*, T. Trepper, D. Niedner, L. Mika, M.J. Barrett, *Journal of Child Sexual Abuse*, Volume 5, # 4, 1996
- "Out of the Box: A Family Therapist's Approach to the "False Memory Syndrome"*, M.J. Barrett, *Treating Abuse Today*, March/April 1995.
- "Unmasking the Incestuous Family: Understanding the Logic of Denial"*, M.J. Barrett and T. Trepper, *The Family Therapy Networker*, May/June 1992.
- "Treatment of Denial in Families Where There is Child Sex Abuse"*, M.J. Barrett and T. Trepper, Case Studies in Social Work Practice, Ed. Craig W. Le Croy, Wadsworth Publishing Co., 1992.
- "Treating Women Drug Abusers Who Were Victims of Childhood Sexual Abuse"*, M.J. Barrett and T. Trepper, Feminism and Addiction, Ed. Claudio Bepko, Haworth Press, N.Y., 1991.
- "Feminist - Informed Family Therapy for the Treatment of Intra-Family Child Sexual Abuse"*, M.J. Barrett, T. Trepper and L. Stone Fish, *Journal of Family Psychology*, Vol.4 #2, December 1990.
- "Woman and Eating Disorders"*, M.J. Barrett and R. Schwartz, *Journal Psychotherapy & The Family*, Vol.3 #4 1987.
- "Couple Therapy for Bulimia"*, M.J. Barrett and R. Schwartz, Eating Disorders, Ed. Jill Harkaway, Aspen Publications, Rockville, MD, 1987.
- "Vulnerability to Incest: A Framework for Assessment"*, M.J. Barrett and T. Trepper, Treating Incest: A Multiple Systems Perspective, Haworth Press, 1986.
- "A Systemic Model for the Treatment of Intra-Family Child Sexual Abuse"*, M.J. Barrett, C Sykes and W. Byrnes, Treating Incest: A Multiple Systems Perspective, Haworth Press, 1986.
- "Family Therapy for Bulimia"*, M.J. Barrett and R. Schwartz and G. Saba, Handbook of Psychotherapy for Anorexia Nervosa and Bulimia, Eds., D. Gardner and P. Garfinkel, Guildford Press, N.Y. 1985.
- "Bulimia: A Love Affair"*, M.J. Barrett, G. Saba and R. Schwartz, *The Family Therapy Networker*, July, 1984.
- Additional Editorial Reviews written for *Journal of Family Therapy*, *Journal of Interpersonal Violence*, and *Journal of Marital and Family Therapy*.

Sexuality Bibliography

- Anderson, Neil T.**, *The Bondage Breaker, Overcoming Negative Thoughts, Irrational Feelings & Habitual Sins* (Eugene, Oregon: Harvest House Publishers, 1990).
- Arterburn, Stephen**, *Addicted to Love, Understanding Dependencies of the Heart: Romance, Relationships, and Sex*, (Ann Arbor, Michigan: Vine Books Servant Publications, 1991, 996).
- Arterburn, Stephen, Stoeker, Fred & Brenda, Yorkey Mike.** *Every heart restored* (Colorado Springs, CO 80920: Water Book Press 2004).
- Carnes, Patrick, Ph.D.**, *Contrary to Love, Helping the sexual addict.* (Center City, MN 55012-0176: Hazelden Educational Materials, 1989).
- Carnes, Patrick, Ph.D.**, *Don't Call It Love, Recovery From Sexual Addiction* (New York, NY: Bantam Books, 1992).
- Carnes, Patrick, Ph.D.**, *Out of the Shadows, Understanding Sexual Addiction* (Center City, MN 55012-0176: Hazelden Educational Materials, 1992).
- Carder, Dave**, *Torn Asunder, Recovering From Extramarital Affairs* (Moody Press 2001)
- Crossland, Don**, *A Journey Toward Wholeness, A Biblical Process of Healing, Restoration, and Joy, Discover the Healing Power of Christ's Authority over Sin and Guilt.* (Nashville, Tennessee: Star Song Publishing Group, 1991).
- Crossland, Don**, *Refocusing Your Passions, A Christ-Centered Approach To Overcoming Addictive Behavior* (Nashville, Tennessee: Star Song Publishing Group, 1994).
- Dalbey, Gordon**, *Healing the Masculine Soul, An Affirming Message for Men and The Women Who Love Them* (Dallas, TX: Word Publishing, 1988).
- Foster, David Kyle**, *Sexual Healing, God's Plan for the Sanctification of Broken Lives*, (Jacksonville, FL 32235-1149, Mastering Life Ministries) 4th addition 2001.
- Gallagher, Steve**, *A Biblical Guide to Counseling the Sexual Addict*, (Dry Ridge, KY Pure Life Ministries, 2005).
- Gallagher, Steve**, *At the Altar of Sexual Idolatry*, (Pensacola, FL 2000).
- Hall, Laurie**, *An Affair of the Mind, One woman's courageous Battle to Salvage Her Family from the Devastation of Pornography*, (Colorado, CO.80995, Focus on the Family Publication, 1996).
- Hart, Archibald D.**, *The Sexual Man, Masculinity without Guilt* (Dallas, TX: Word Publishing, 1994).
- Hart, Archibald D.**, *Me myself & I, How Far Should We Go in Our Search for Self-Fulfillment?* (Ann Arbor, Michigan: Vine Books Servant Publications, 1992).
- Keen, Sam**, *Fire in The Belly, on being a man*, (New York, N Y: Bantam Books 1992).
- Lasser, Mark**, *Talking to Your Kids About Sex*, (Colorado Springs, CO. 80920, Water Book Press, 1999).
- Malony, H. Newton, Ph.D.**, *Win-Win Relationships*, (Nashville, Tennessee: Broadman & Holman Publishers, 1995).
- Parrott III, Les, Ph.D.**, *High-Maintenance Relationships* (Wheaton, Illinois: Tyndale House Publishers, Inc. 1996).

Parrott III, Les, Ph.D., Helping the Struggling Adolescent, *A Guide to Thirty Common Problems for Parents Counselors, & Youth Workers* (Grand Rapids, MI: Zondervan Publishing House Academic and Professional Books, 1993).

Penner, Clifford L., Ph.D. & Joyce J. R.N., M.N., Men and Sex, (Nashville, TN: Thomas Nelson Publication, 1997)

Schaumburg, Harry W., False Intimacy, *Understanding the Struggle of Sexual Addiction (Cybersex, Homosexuality, Recovering your marriage, Women and false intimacy)* (Colorado Springs, CO 80935: Navpress, 1997)

Sell, Charles & Virginia, *Spiritual Intimacy for Couples*, (Wheaton, Illinois: Crossway Books, 1996).

Stroop, David, Self-Talk, *Key to Personal Growth* (Grand Rapids, MI: Fleming H. Revell 1982, 1996).